

# JANUARY

## FUN HOLIDAYS THIS MONTH

### 1 NEW YEAR'S DAY

75% of resolutions will carry through the entire first week of January—but only 46% make it past six months. Beat the odds, use your planner to stay on track.



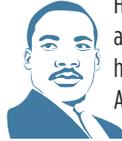
### 2 TRIVIA DAY

Stage a trivia event and see what questions your family comes up with. You can even make it a yearly tradition.



### 15 DR. MARTIN LUTHER KING JR. DAY

Honor the legacy of a man who brought hope and healing to America. It started with a dream.



Your planner can turn your dreams into reality too.

### 23 NATIONAL HANDWRITING DAY

When you pick up your favorite pen to write in your planner, remember to thank the Egyptians and Chinese for inventing ink around 2500 BCE. Now you have something more fluid than a chisel.



## THE FRANKLIN FIVE

### SORT THROUGH YOUR DECORATIONS

As you take down your holiday decorations and box them away, evaluate each item. Is it something you want to use again, or have you grown tired of it? Give special attention to the things that never came out of their boxes.

### REFOCUS YOUR EFFORTS

Re-evaluate your long-term goals and determine what you need to accomplish this year. Analyze your next steps and set dates to reach them.

### MAKE AN ANNUAL BUDGET

This month, track what you spend each day in your planner so you'll know where your money is going. At the end of the month, take note of any wasted expenditures, decide what you need to spend, where you can save, and determine to stick to your plan.

### TRACK YOUR RESOLUTIONS

Keep your New Year's resolutions at the top of your mind. List your goals in the front of your planner as a daily reminder.

### CHECK YOUR HEALTH

Make the doctor's appointment you've been putting off, check your diet, and establish a workout routine.

## MY FOCUS FOR THIS MONTH