



## THE FRANKLIN FIVE

- SORT THROUGH YOUR DECORATIONS**  
As you take down your holiday decorations, decide if you plan to use it again, or if you've grown tired of it. Give special attention to the items that never left their boxes.
- REFOCUS YOUR EFFORTS**  
Re-evaluate your long-term goals and determine what you need to accomplish this year. Analyze your next steps and set dates to reach them.
- MAKE AN ANNUAL BUDGET**  
Track what you spend each day in your planner. At the end of the month, determine what you truly need to spend, where you can save, and resolve to stick to the plan.
- TRACK YOUR RESOLUTIONS**  
Keep your New Year's Resolutions at the top of your mind. List your goals in the front of your planner as a daily reminder.
- CHECK YOUR HEALTH**  
Make the doctor's appointment you've been putting off, check your diet, and establish a workout routine.

### MY FOCUS FOR THIS MONTH

## JANUARY

### FUN HOLIDAYS THIS MONTH

#### 1 NEW YEAR'S DAY

75% of resolutions will carry through the entire first week of January—but only 46% make it past six months. Beat the odds, use your planner to stay on track.



#### 2 TRIVIA DAY

Stage a trivia event and see what questions your family comes up with. You can even make it a yearly tradition.



#### 15 DR. MARTIN LUTHER KING JR DAY



Honor the legacy of a man who brought hope and healing to

America. It started with a dream. Your planner can turn your dreams into a reality too.

#### 23 NATIONAL HANDWRITING DAY

When you pick up your favorite pen to write in your planner, remember to thank the Egyptians and Chinese for inventing ink around 2500 BCE. They needed something more fluid than a chisel.

